

Emergency Aid



Asthma



What is Asthma?

People with asthma have S _____ A _____ in their lungs. When exposed to certain triggers their airways N _____, making it H _____ for them to B _____

How do you recognise Asthma?

- S _____ of B _____
- W _____
- C _____ T _____
- D _____ C _____

Treatment

If a person is having an asthma attack do the following,

1. S _____ the person down in an U _____ position
2. Do N _____ leave them alone
3. Give them _____ puffs of a B _____ inhaler
4. Wait _____ minutes
5. Repeat Steps 3 + 4 if NO improvement
6. Phone for an A _____



Name _____

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